




# ACTIVE APRIL

NAME: \_\_\_\_\_

TEACHER: \_\_\_\_\_

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<b>ROLL THE DICE &amp; TAKE YOUR CHANCES</b>		<b>1</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>2</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>3</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>4</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>5</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____		
		<b>6</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>7</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>8</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>9</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>10</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>11</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>12</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____
		<b>13</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>14</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>15</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>16</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>17</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>18</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>19</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____
		<b>20</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>21</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>22</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>23</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>24</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>25</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>26</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____
		<b>27</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>28</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>29</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>30</b> DICE + DICE = TOTAL _____ + _____ = _____  INITIALS: _____	<b>THE APRIL HOMEWORK IS DUE MAY 3, 2025. GOOD LUCK!</b>		
<b>25-26 DAYS = BRONZE</b>  <b>EARN 2 COOL BUCKS</b>		<b>27-28 DAYS = SILVER</b>  <b>EARN 4 COOL BUCKS</b>		<b>29-30 DAYS = GOLD</b>  <b>EARN 5 COOL BUCKS</b>				

TOTAL NUMBER OF DAYS: \_\_\_\_\_

PARENT SIGNATURE: \_\_\_\_\_

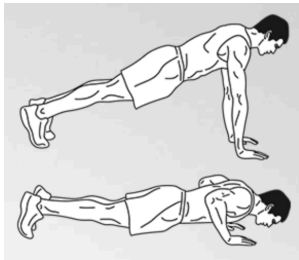
# ACTIVE APRIL

## WORKOUT GUIDE

**DIRECTIONS: ROLL THE DICE AND TAKE YOUR CHANCES. EACH DAY IN APRIL, ROLL 2 DICE AND ADD THE TWO NUMBERS TOGETHER TO FIND OUT HOW MANY TIMES YOU MUST DO THE EXERCISES BELOW. FOR EXAMPLE, IF YOU ROLL A 5 AND A 6, YOU GET A TOTAL OF 11. THEN YOU MUST DO ALL THE EXERCISES 11 TIMES EACH. BE SURE TO WRITE IN YOUR NUMBERS AND INITIAL THAT DAY TO GET CREDIT. REMEMBER: YOU MUST DO ALL THE EXERCISES TO GET CREDIT FOR THE DAY**

(NOTE: IF THE DOG EATS YOUR HOMEWORK YOU CAN FIND THE HOMEWORK ONLINE: [WWW.MRWILLPE.COM/HOMEWORK](http://WWW.MRWILLPE.COM/HOMEWORK))

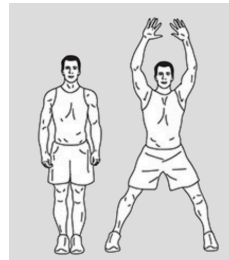
### THIS MONTH'S EXERCISES:



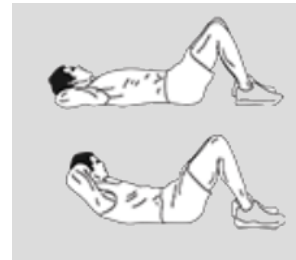
**PUSH UPS**



**SQUATS**



**JUMPING JACKS**



**SIT UPS**



**BURPIES**