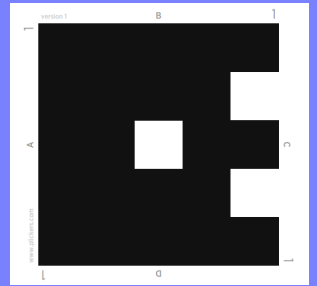


# HOW YOU FEELING?



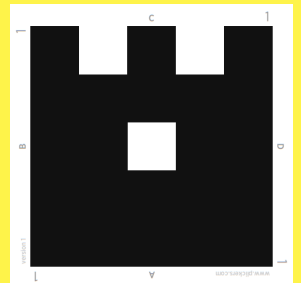
**I CAN GO AT THIS  
SPEED ALL DAY  
AND COULD EVEN  
GO HARDER**

**A**



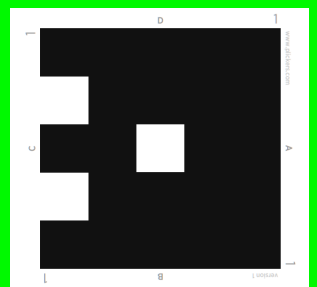
**I FEEL GOOD AT  
THIS LEVEL AND  
COULD GO A LONG  
TIME LIKE THIS**

**B**



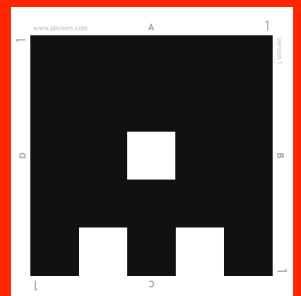
**THIS IS HARD AND  
I DON'T KNOW IF I  
CAN GO MUCH  
LONGER**

**C**



**THIS IS TOO HARD  
AND I NEED TO  
STOP NOW**

**D**

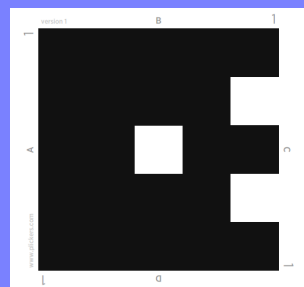


# HOW IS IT GOING?



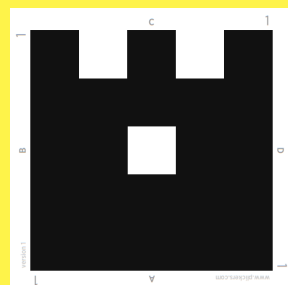
**I UNDERSTAND  
THIS AND I AM  
READY FOR MORE**

**A**



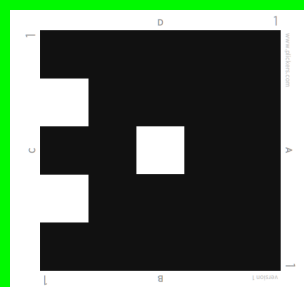
**I UNDERSTAND  
THIS BUT WOULD  
LIKE MORE  
PRACTICE**

**B**



**I AM WORKING TO  
UNDERSTAND THIS  
AND I HAVE  
QUESTIONS**

**C**



**I DON'T  
UNDERSTAND THIS  
AND I NEED HELP  
TO GET STARTED**

**D**

