



CROSSING THE CORE

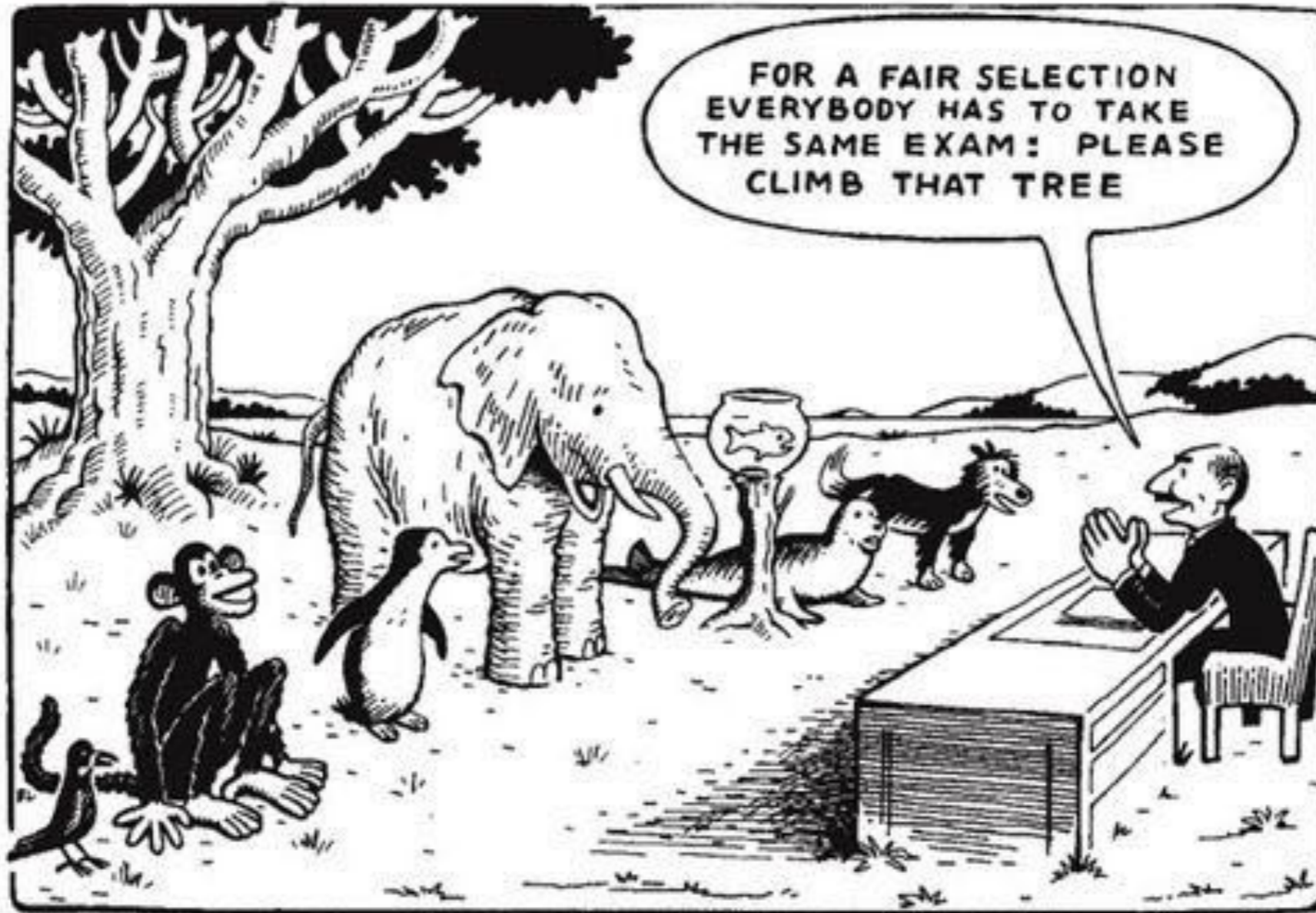
DEVELOPING A CROSS CURRICULAR PE PROGRAM

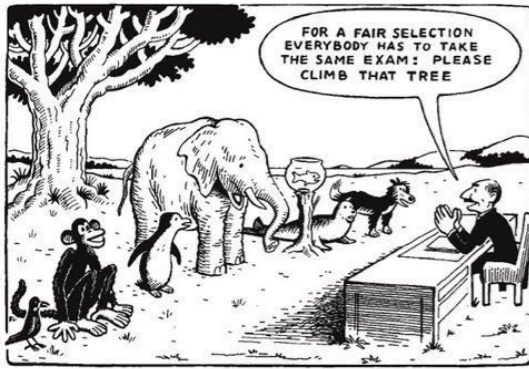
A BIT ABOUT ME



- ❖ Born & Raised in the SF Bay Area
- ❖ Played HS & College Basketball
- ❖ Worked at Blockbuster
- ❖ Began Teaching in 2002
- ❖ Began Working at Serendipity in 2005
- ❖ Superman Super Fan since Birth

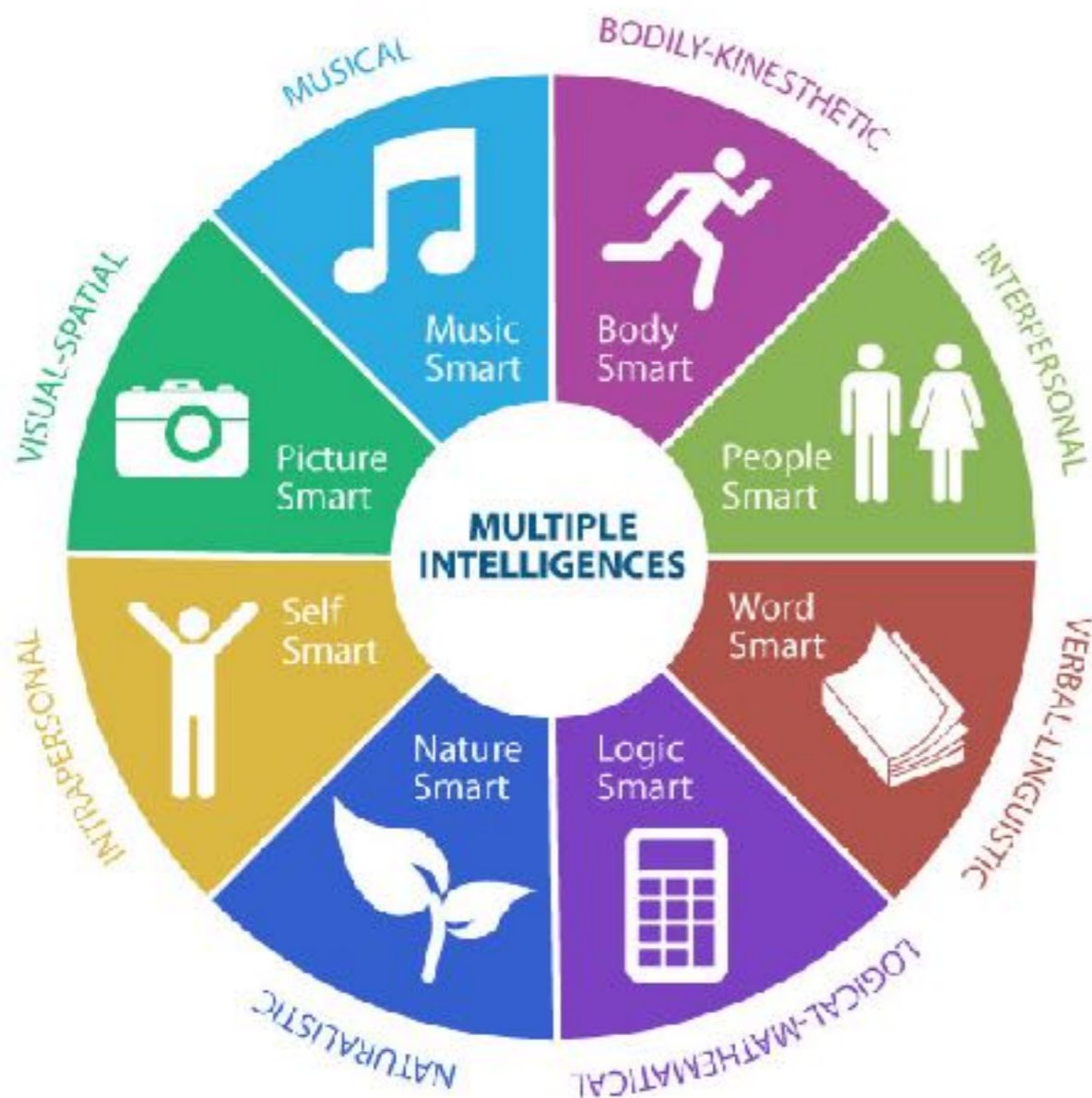
TEACHING TO THE INDIVIDUAL



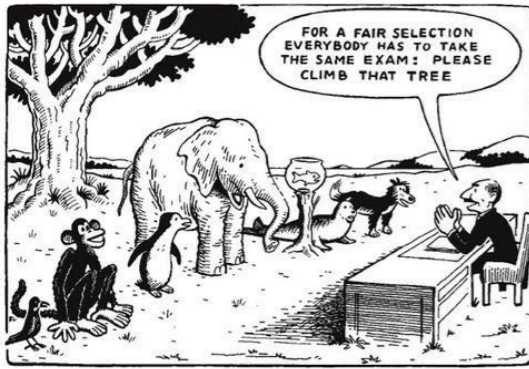


MULTIPLE INTELLIGENCES

Understanding how you learn is almost as important as what you learn.



- ❖ Interpersonal (People Smart)
- ❖ Verbal Linguistic (Word Smart)
- ❖ Logical-Mathematical (Logic Smart)
- ❖ Naturalistic (Nature Smart)
- ❖ Intrapersonal (Self Smart)
- ❖ Visual Spatial (Picture Smart)
- ❖ Musical (Music Smart)



MULTIPLE INTELLIGENCES



“Kinesthetic learners are natural doers. They learn best when they discover things by doing them. Kinesthetic learners aren't necessarily suited to the traditional classroom. They learn best when they are physically active, or through learning activities that involve active participation.”

STYLES OF IMPLEMENTATION

Overt



Covert



Subliminal



There are three essential ways that you can implement cross curricular topics into your Physical Education program.

OVERT IMPLEMENTATION

Overt



Overt implementation is where you take curriculum and add it to your program in an obvious way. You are not trying to hide or camouflage the fact that you are incorporating science, math, language arts, or social studies into your physical education class.

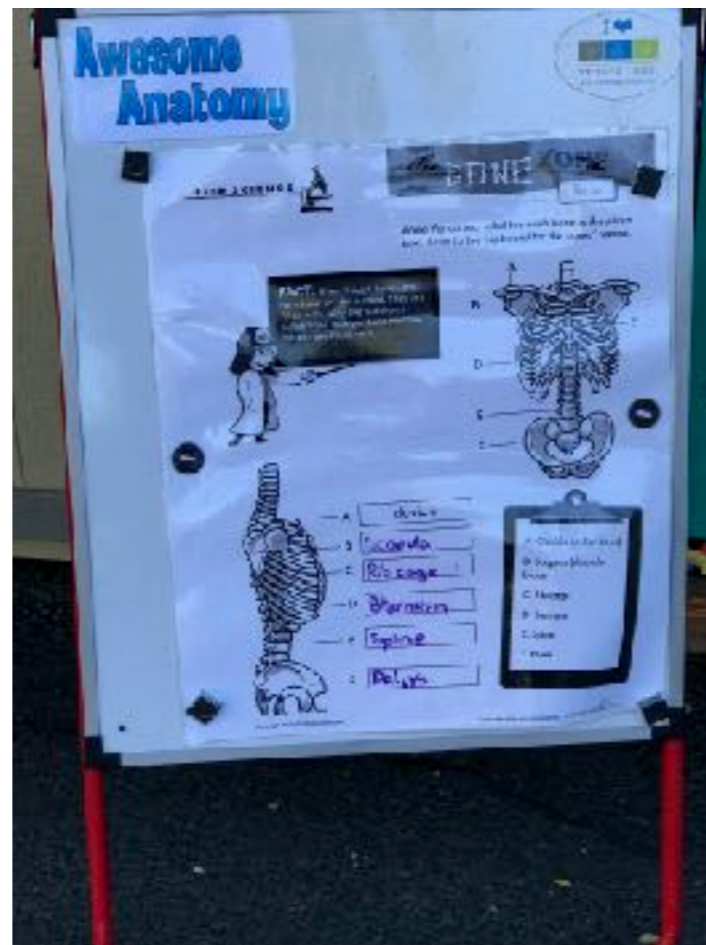


OVERT IMPLEMENTATION

Examples of Overt Implementation

Awesome Anatomy

Awesome Anatomy is a program where my students learn basic anatomy and physiology in just 5 minutes per class.





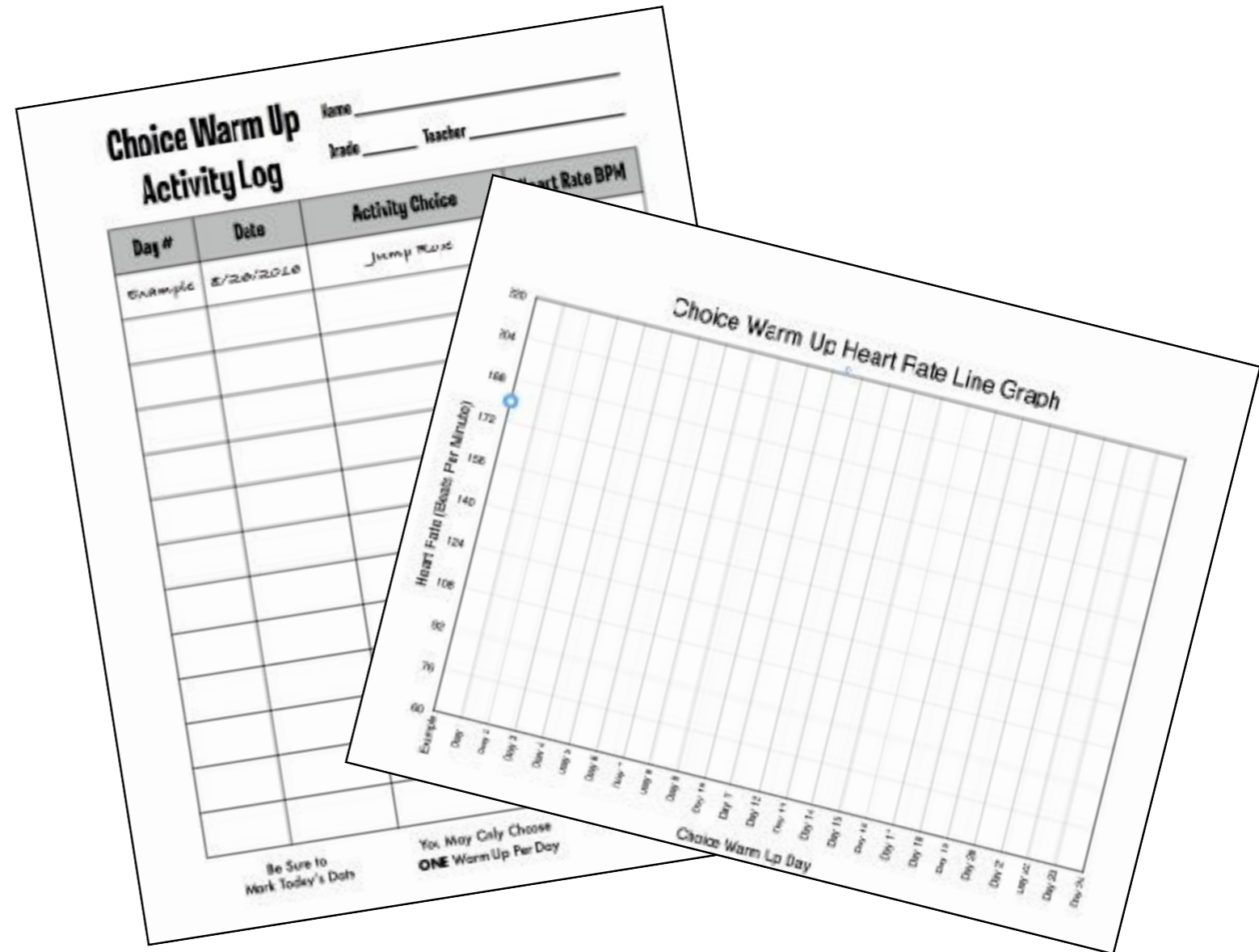
OVERT IMPLEMENTATION

Examples of Overt Implementation

Heart Rate Logs & Graphs

These are a part of my Awesome Anatomy portfolios. Students manually take their pulse and record it in both chart and graph form.

HR for 6 seconds x 10 = BPM





OVERT IMPLEMENTATION

Examples of Overt Implementation

The Lorax

Reading a story and then playing a game associated with the story is an easy way to add language arts into your PE program.





OVERT IMPLEMENTATION

Examples of Overt Implementation

Mad Libs & Scrabble Relays

Like OPEN PhyEd's Tic Tac Toe Relay games but this time students take turns grabbing letters or filling out a Mad Libs card.





OVERT IMPLEMENTATION

Examples of Overt Implementation

Fitness Sudoku

A giant sudoku board where students combine the logic puzzle with a physical activity





OVERT IMPLEMENTATION

Examples of Overt Implementation

Score Keeping

Kids love to keep track, so why not make it a learning experience to keep score.



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COVERT IMPLEMENTATION

Covert



Covert implementation is where you take curriculum and sneak it to your program. You are incorporating science, math, language arts, or social studies into your physical education class without the students realizing it. Perhaps you share it with them, perhaps not.



COVERT IMPLEMENTATION

Examples of Covert Implementation

Ro Sham Bo Risk

A game where students learn
place value while staying fit.



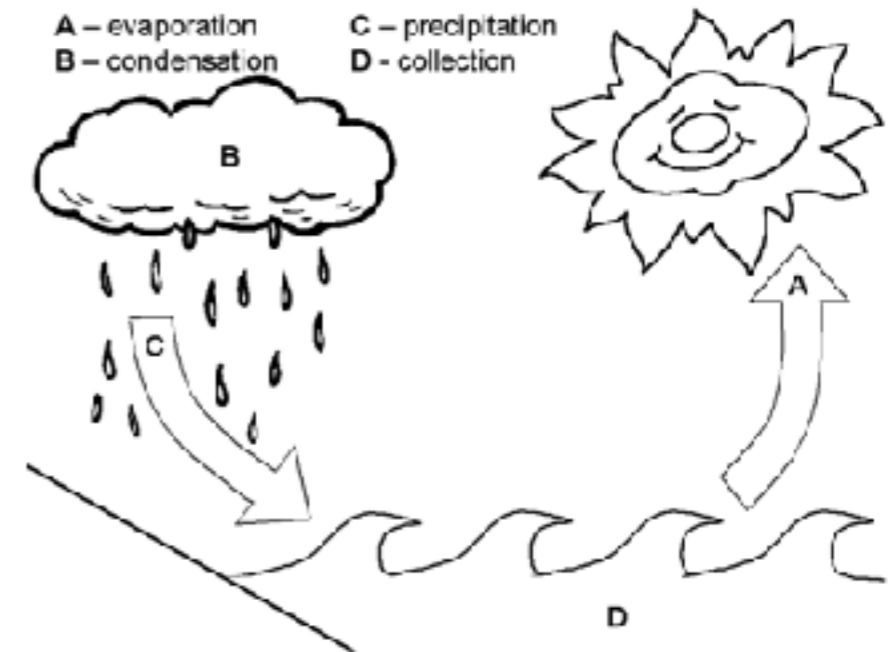


COVERT IMPLEMENTATION

Examples of Covert Implementation

Evaporators & Precipitators

Clean up your backyard, but with water cycle terminology added.





COVERT IMPLEMENTATION

Examples of Covert Implementation

Hockey & The Shooting Gallery

Add multiplication to your hockey shooting lesson.





COVERT IMPLEMENTATION

Examples of Covert Implementation

Penguin In the Pot

A game from Kristen Okura, all I did was add letter or number poly spots to add a cross curricular spin





COVERT IMPLEMENTATION

Examples of Covert Implementation

Storybook Yoga

Give your students a book and tell them to tell the story using only yoga poses.



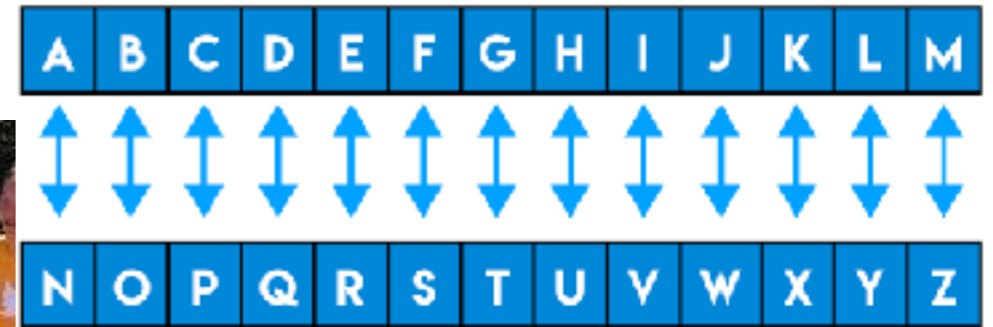


COVERT IMPLEMENTATION

Examples of Covert Implementation

Code Breakers

A Breakout Ed activity where students receive clues to break a code to a locked box



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SUBLIMINAL IMPLEMENTATION

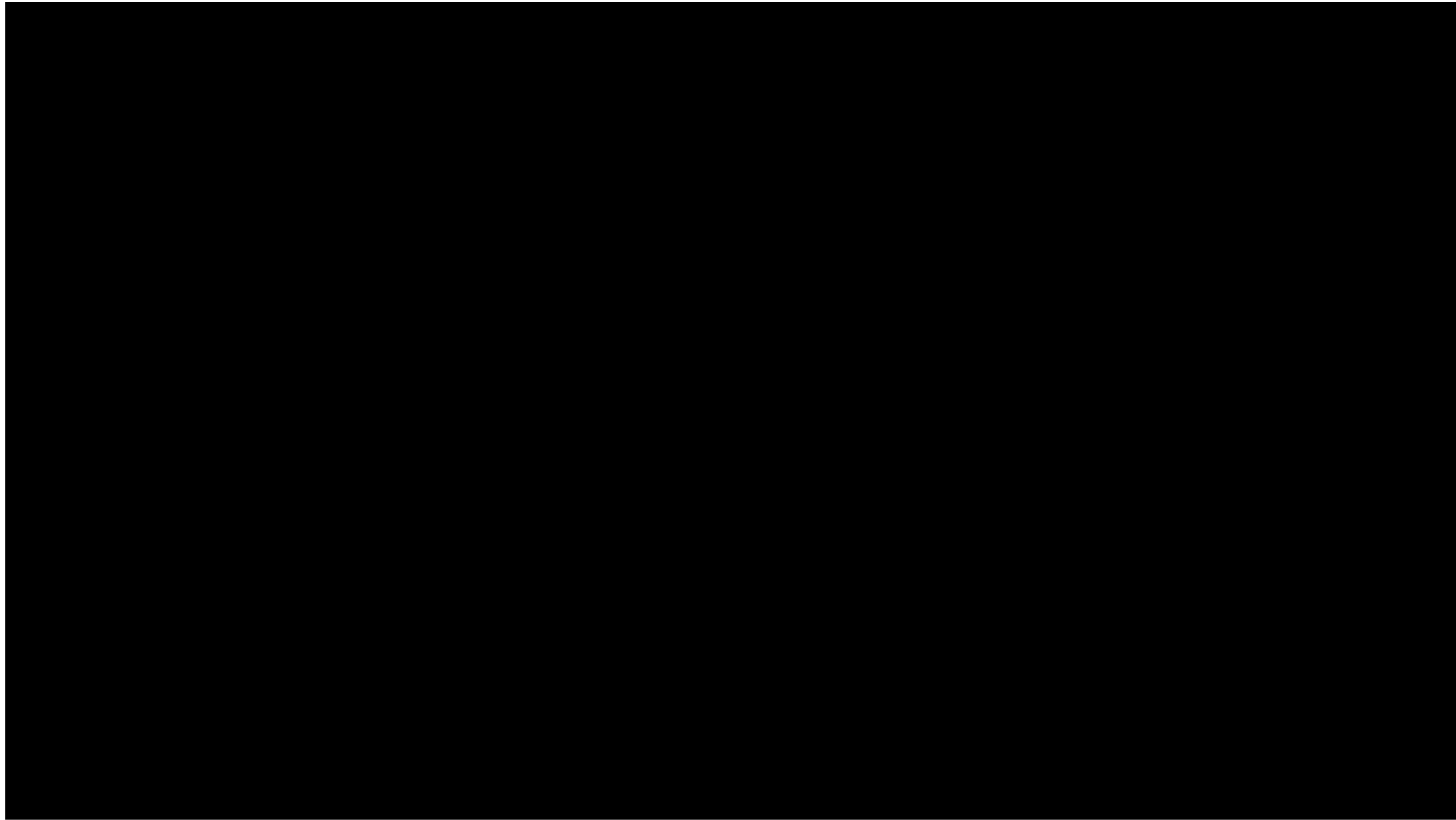
Subliminal



Subliminal implementation is where your cross curricular design becomes creative. This style of implementation is subtle and delicate. The students may not even notice you are doing it, but it will stick with them.



SUBLIMINAL IMPLEMENTATION





SUBLIMINAL IMPLEMENTATION

Cross Curricular Songs I Love:

“3 is a Magic Number” by Blind Melon

“Everything at Once” by Lenka

“Wakko’s 50 States” from Animaniacs

“Alphabet Aerobics” [Clean] by Blackalicious





SUBLIMINAL IMPLEMENTATION

Examples of Subliminal Implementation

Cool Bucks & The PE Marketplace

Cool Bucks are my rewards system for students who go above and beyond. Cool Bucks can be spent at the PE Marketplace for prizes or experiences.



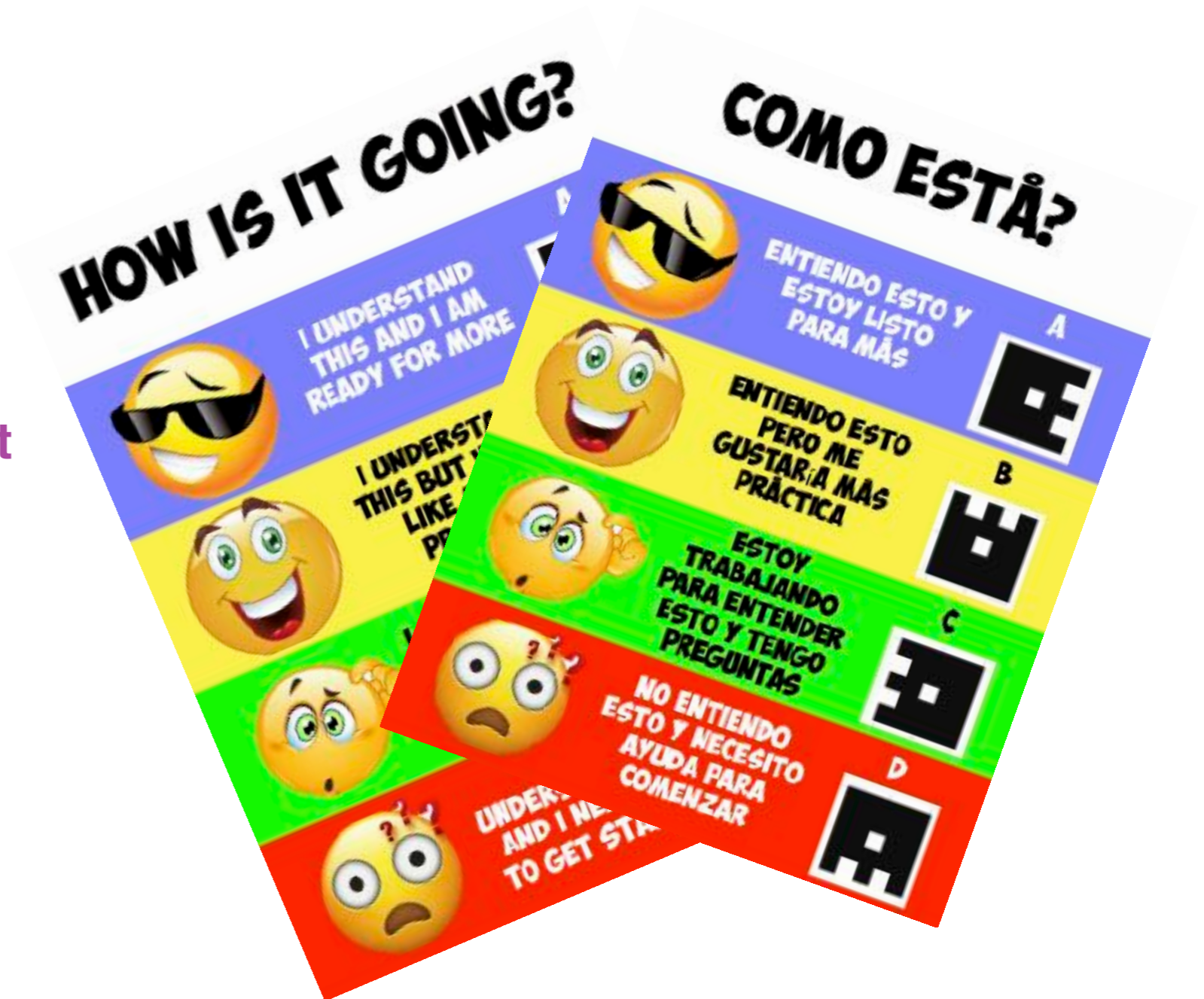


SUBLIMINAL IMPLEMENTATION

Examples of Subliminal Implementation

Simple Exposure

Think about ways you can put outside curricula into your program just for fun.





SUBLIMINAL IMPLEMENTATION



Subliminal messages have been hidden within this entire session.





SUBLIMINAL IMPLEMENTATION



SUBLIMINAL



IMPLEMENTATION

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THANK YOU



**Thank You to
Matt Bassett, The #ESPEChat Team,
and Especially You for Joining Me**



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DEVELOPING A CROSS CURRICULAR PE PROGRAM